**Food Worksheet**

What do I eat in a 2 weeks?

For this activity, you will need to go to the grocery store and calculate how much you spend on food per week. Write down the items and their prices as you walk through the store. Note these below:

**Item Price**

**Produce (fruits and vegetables)**

Blackberries $ 8.09

Apples $ 3.42 x 2

Mango $ 1.00

Gapes $ 6.89

Avocado $ 4.00

Nectarine $ 1.51

Bell Pepper $ 1.50

cucumber $3.49

Tomato $ 6.89

Carrot $ 3.49

Lettuce $ 5.19

Mushrooms $ 3.49

Peas $ 2.00

**Drinks**

liquor $ 45.98

Lemonade $ 3.49

Seltzer water $ 4.00

**Bread and grains (rice, crackers, etc.)**

Sourdough $ 8.09

Rice $ 2.89

Bagel $ 3.00

Pastas $ 3.29 + 2.69 + 2.69

oats $5.19

cereal $ 7.89

**Proteins (beans, tofu, meat, dairy)**

Cheese $ 9.18

Cashew milk $ 6.39

Eggs $ 6.89

Beans $ 2.50

**Prepared foods (frozen meals, energy bars, etc.)**

Mashed potatoes $ 5.79

Soup $ 13.79

burritos $ 6.89

pizza $ 8.69

**Sweets (candy, cookies, gum, mints, etc.)**

gum $ 1.25

Nutella $ 4.59

candy $ 11.49

brownies $ 9.19

total 227.84 per 2 weeks

455.68 per month

Other products:

detergent $ 14.99

toilet paper and paper towels $ 15.89 + $ 4.09

cleaning supplies $ 8.09

fabreez $ 5.79

toothpaste $ 6.87

razor $ 5.12

shampoo and conditioner $ 20.00

= $ 75.05